



Abby Kelley Foster Charter Public High School

November/December, 2009

Questions, comments, or concerns --
 Diane J. Mikulski
 Director of Food Services
 508 854 8400 x 2635

Deposit money into your child's account.
 \$150.00 = 60 lunches
 \$100.00 = 40 lunches
 \$50.00 = 20 lunches
 \$10.00 = 20 milks

Students may purchase meal/milks any day with a credit balance or cash.

Monday	Tuesday	Wednesday	Thursday	Friday
Nov. 9 Chicken Nuggets Potato Wedges Glazed Carrots Fresh Fruit Oatmeal Cookie	Nov. 10 Tacos with lettuce, tomato, cheese Spanish Rice Seasoned Corn Fresh Fruit	Nov. 11 No School VETERN'S DAY	Nov. 12 Vegetable Quesadilla Tossed Salad Fresh Fruit M&M Cookie	Nov. 13 French Bread Pizza Cole Slaw Chilled Peaches
Nov. 16 Chicken Tenders Rice Pilaf California Veggies Fresh Fruit Pretzels	Nov. 17 Mac & Cheese Managers Specials Garden Salad Peas / Oranges	Nov. 18 1/2 Day of School No Lunch Served	Nov. 19 Thanksgiving Lunch Turkey, stuffing, gravy, cranberry sauce, sweet potato wedges Apple Crisp	Nov. 20 Pepperoni & Cheese Pizza Sticks Green & Yellow beans Fresh Fruit
Nov. 23 Chicken Parm w/wo cheese California Veggies Italian Breadsticks Sugar Cookies	Nov. 24 Honey BBQ Beef Ribs on Sub roll Cole Slaw Baked Beans Cherry Crisp	Nov. 25 1/2 Day of School No Lunch Served	Nov. 26 Let's give THANKS	Nov. 27 No School Enjoy
Nov. 30 Popcorn Chicken French Fries Mexican Corn Choc Chip Cookie	Dec. 1 Chili & Cheese with rice Corn muffins Corn Fresh Fruit	Dec. 2 Pasta with or without meatsauce Green Beans Fresh Fruit	Dec. 3 Breakfast for LUNCH Cheddar Cheese Omelet Baby Cake Potatoes Fresh Fruit Bagels	Dec. 4 Personal Pan Pizza Cole Slaw Fruit Chocolate cookie



~Menu subject to change without notice~ ~ Fresh fruits and/or fresh veggies to be served daily.~
 ~~ All meals served with appropriate condiments, bread, and choice of milk ~~
 ~ Charging not allowed in the High School. Credit balance on account or cash only ~
 ~ High School Lunch price \$2.50 ~ ~Reduced .40~ ~Milk .50~
 ~~~Mondays - Chicken~~~ ~~~Wednesdays - Pasta~~~ ~~~Fridays - Pizza~~~  
 ~ Available daily - sandwich of the day or entrée salad of the day ~  
 ~ Triple Decker Peanut Butter and Jelly Sandwiches Daily ~

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