








October 2009



ABBY KELLEY CHARTER

4-12 TRADITIONAL

Monday	Tuesday	Wednesday	Thursday	Friday
 <p>Parmteam</p>	 <p>Teriyakiteam</p>	 <p>Pizzateam</p>	<p>1</p> <p>GRILLED CHICKEN FILLET</p> <p>Potato Stix Mixed Fruit Cup</p>	<p>2</p> <p>FRENCH BREAD CHEESE PIZZA</p> <p>Tossed Salad Chilled Peaches Vanilla Creme Cookies</p>
<p>5</p> <p>BREADED CHICKEN NUGGETS</p> <p>Potato Rounds Diced Pears Corn Muffin</p>	<p>6</p> <p>CHEESEBURGER</p> <p>Whole Kernel Corn Pineapple Tidbits</p>	<p>7</p> <p>ITALIAN CHICKEN BREAST</p> <p>Mashed Potatoes Fresh Fruit</p>	<p>8</p> <p>BARBEQUE BEEF</p> <p>Mixed Vegetables Fruited Gelatin Honey Wheat Pretzels</p>	<p>9</p> <p>CHEESE PISA PIZZA</p> <p>Tossed Salad Grape Juice Sugar Cookie</p>
<p>12</p> <p>Columbus Day</p> 	<p>13</p> <p>SPAGHETTI W/MEAT SAUCE</p> <p>Garden Green Peas Applesauce Soft Breadstick</p>	<p>14</p> <p>BEEF HOT DOG</p> <p>Vegetarian Beans Fresh Fruit</p>	<p>15</p> <p>HAMBURGER</p> <p>French Fries Diced Pears Double Fudge Cookie</p>	<p>16</p> <p>PEPPERONI PISA PIZZA</p> <p>Carrot Sticks Celery Sticks Orange Juice</p>
<p>19</p> <p>PIZZA DIPPERS Marinara Dipping Sauce</p> <p>Mixed Vegetables Fruited Gelatin Jungle Crackers</p>	<p>20</p> <p>SALISBURY STEAK W/GRAVY</p> <p>Mashed Potatoes Applesauce</p>	<p>21</p> 	<p>22</p> <p>GRILLED CHICKEN FILLET</p> <p>Potato Stix Mixed Fruit Cup</p>	<p>23</p> <p>FRENCH BREAD CHEESE PIZZA</p> <p>Tossed Salad Chilled Peaches Vanilla Creme Cookies</p>
<p>26</p> <p>BREADED CHICKEN NUGGETS</p> <p>Potato Rounds Diced Pears Corn Muffin</p>	<p>27</p> <p>CHEESEBURGER</p> <p>Whole Kernel Corn Pineapple Tidbits</p>	<p>28</p> <p>ITALIAN CHICKEN BREAST</p> <p>Mashed Potatoes Fresh Fruit</p>	<p>29</p> <p>BARBEQUE BEEF</p> <p>Mixed Vegetables Fruited Gelatin Honey Wheat Pretzels</p>	<p>30</p> <p>CHEESE PISA PIZZA</p> <p>Carrot Sticks Celery Sticks Mixed Fruit Cup Fall Sprinkle Cookie</p>

National School Lunch Week

***ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF MILK.



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