

# Abby Kelley Foster Charter School

## REQUIRED MEDICAL and PERMISSION FORM INTERSCHOLASTIC ATHLETICS

**2015-2016 SCHOOL YEAR**

**PARENT/GUARDIAN** – Please answer the following questions & **SIGN RELEASE FORM**

Student's Name \_\_\_\_\_ Sex M ( ) F ( ) YOG \_\_\_\_\_ HR \_\_\_\_\_  
Address \_\_\_\_\_ City \_\_\_\_\_ ZIP \_\_\_\_\_  
Birthdate \_\_\_\_\_ Grade \_\_\_\_\_  
HomePhone \_\_\_\_\_ Emergency Phone \_\_\_\_\_  
Parent(s) Names \_\_\_\_\_ (Work) \_\_\_\_\_ (Cell) \_\_\_\_\_  
Parent(s) E-mail \_\_\_\_\_  
Family Physician's Name \_\_\_\_\_ Tel. # \_\_\_\_\_  
School attended last year \_\_\_\_\_

### **STUDENT HEALTH INFORMATION**

1. Food/Insect/Medication/Allergies \_\_\_\_\_
2. Current medications \_\_\_\_\_
3. Eyeglasses/contacts/hearing aids other: \_\_\_\_\_
4. Other Concerns \_\_\_\_\_

If the Nurse/Trainer/Athletic Director determines that an injury or condition has occurred that requires a medical clearance a **RETURN TO PARTICIPATION** form must be completed by the physician.

I hereby give my permission for my son/daughter to participate in the **Abby Kelley Foster High School Athletic Program** for the school year of 2015-2016.

\_\_\_\_\_  
**SIGNATURE OF PARENT**

\_\_\_\_\_  
**DATE**

*All students must pass a physical examination within thirteen months before participating in any Sport. Any student who does not fulfill this requirement is considered ineligible. Contests in which the student participates in violation of this rule including **FORGED PHYSICAL EXAMINATION** must be forfeited.*

**MASSACHUSETTS SCHOOL HEALTH RECORD**  
**Health Care Providers Examination**

Name \_\_\_\_\_  Male  Female Date of Birth: \_\_\_\_\_

**Medical History**

**Pertinent Family History and Current Health Issues**

- Y**      **N**
- Allergies: Please list: Medications \_\_\_\_\_ Food \_\_\_\_\_  
Other \_\_\_\_\_
- History of Anaphylaxis to \_\_\_\_\_ Epi-Pen<sup>®</sup>  Yes  No
- Asthma: Asthma Action Plan Yes No (*Please attach*)
- Diabetes: Type I Type II
- Seizure disorder:
- \_\_\_\_\_
- Other (*Please specify*) \_\_\_\_\_

**Current Medications (if relevant to the student's health and safety)** *Please circle those administered in school; a separate medication order form is needed for each medication administered in school.*

**Physical Examination**

**Date of Examination:** \_\_\_\_\_

Hgt: \_\_\_\_\_ (\_\_\_\_%) Wgt: \_\_\_\_\_ (\_\_\_\_%) BMI: \_\_\_\_\_ (\_\_\_\_%) BP: \_\_\_\_\_

(*Check = Normal / If abnormal, please describe.*)

- |  |  |  |
|--|--|--|
| <input type="checkbox"/> General _____     | <input type="checkbox"/> Lungs _____     | <input type="checkbox"/> Extremities _____ |
| <input type="checkbox"/> Skin _____        | <input type="checkbox"/> Heart _____     | <input type="checkbox"/> Neurologic _____  |
| <input type="checkbox"/> HEENT _____       | <input type="checkbox"/> Abdomen _____   | <input type="checkbox"/> Other _____       |
| <input type="checkbox"/> Dental/Oral _____ | <input type="checkbox"/> Genitalia _____ |  |

**Screening:**

- |                   |   |                    |   |                               |   |
|-------------------|---|--------------------|---|-------------------------------|---|
|                   | (Pass) (Fail)                                     |                    | (Pass) (Fail)                                     |                               | (Pass) (Fail)                                     |
| Vision: Right Eye | <input type="checkbox"/> <input type="checkbox"/> | Hearing: Right Ear | <input type="checkbox"/> <input type="checkbox"/> | Postural Screening:           | <input type="checkbox"/> <input type="checkbox"/> |
| Left Eye          | <input type="checkbox"/> <input type="checkbox"/> | Left Ear           | <input type="checkbox"/> <input type="checkbox"/> | (Scoliosis/Kyphosis/Lordosis) |   |
| Stereopsis        | <input type="checkbox"/> <input type="checkbox"/> |                    |   |                               |   |

**Laboratory Results:**  Lead \_\_\_\_\_ Date \_\_\_\_\_ Other \_\_\_\_\_

**The entire examination was normal:**

**Targeted TB Skin Testing:**  Med-to-High risk (exposure to TB; born, lived, travel to TB endemic countries; medical risk factors):

Date of PPD: \_\_\_\_; Results: \_\_\_\_ mm.

Referred for evaluation to: \_\_\_\_\_  Low risk (no PPD done)

This student has the following problems that may impact his/her educational experience:

- |   |                                   |  |   |
|---|-----------------------------------|--|---|
| <input type="checkbox"/> Vision           | <input type="checkbox"/> Hearing  | <input type="checkbox"/> Speech/Language | <input type="checkbox"/> Fine/Gross Motor Deficit |
| <input type="checkbox"/> Emotional/Social | <input type="checkbox"/> Behavior | <input type="checkbox"/> Other           |   |

Comments/Recommendations: \_\_\_\_\_

Y  N **This student may participate fully in the school program, including physical education and competitive sports.**

**If no, please list restrictions:** \_\_\_\_\_

Y  N **Immunizations are complete: If no, give reason: Please attach Massachusetts Immunization Information System Certificate or other complete immunization record.**

Signature of Examiner *Circle:* MD, DO, NP, PA

Date

*Please print name of Examiner.*

Group Practice

Telephone

Address

City

State

Zip Code

*Please attach additional information as needed for the health and safety of the student.*