

Elementary School Principal Update

December 18, 2022

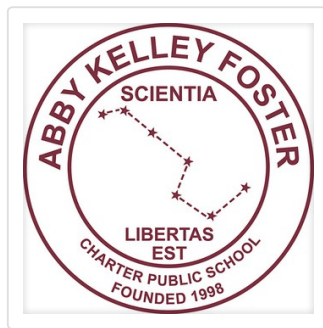


Photo of the Week



Students from the Outdoor Adventure Club taking science outside!

This Week

- Monday, December 19th-Snow themed outfits!
- Tuesday, December 20th-Dress as your Favorite Holiday Movie or Character
- Wednesday, December 21st-Ugly Sweater Day
- Thursday, December 22nd-Pajama Day
- No School Friday, December 23rd-January 2nd
- Students Return-January 3rd



Doors Opening Earlier

We will begin allowing students to enter the building at 8:25am rather than 8:30am beginning on Monday, December 19th. We are a responsive classroom school, which means that students start their day with a "morning meeting". The extra 5 minutes will allow students to remove their winter gear, eat breakfast, and still have time to meet.

Social Emotional Learning

Check out what our students are learning in SEL!

Kindergarten Lesson 8: Sometimes We Feel Mad

Summary

In this week's lesson, your child will learn to use body language and context clues to figure out when someone feels mad. They'll practice looking at the person's face and body, as well as thinking about what's going on in the situation.

Try This at Home

Encourage your child to notice when others around them feel mad. Have them practice using body language and context clues to figure out when family members, friends, or characters in

books, movies, or on TV might be feeling mad.

Grade 1 Lesson 9: Feeling Frustrated

Summary

In this week's lesson, your child will learn to use body language and context clues to figure out when someone feels frustrated. They'll practice looking at the person's face and body, as well as thinking about what's going on in the situation. They'll also learn about a new strategy for feeling calm when they get frustrated: slow counting.

Try This at Home

Encourage your child to notice when others around them feel frustrated. Have them practice using body language and context clues to figure out when family members, friends, or characters in books, movies, or on TV might be feeling frustrated.

Grade 2 Lesson 9: Different Feelings

Summary

In this week's lesson, your child will learn that people can have different feelings in the same situation because of their experiences.

Try This at Home

Ask your child for an example of something that people can have different feelings about. Talk about the reasons people might have different feelings about it.

Grade 3 Lesson 8: Take a Break

Summary

In this week's lesson, your child will learn how, when, and where to take a break in different situations as a way to manage a strong emotion.

Try This at Home

Discuss where and how your child can take a break at home. Then ask your child how they could take a break in place, for example, in the car or at the grocery store

Survey-Reminder

In a effort of continuous improvement, as well as to inform initiatives such as strategic planning, we are conducting the '22-23 AKFCS Climate Survey. This is similar to the survey that was conducted last year at this time and we will be using the data between the two years to look at trends/patterns. The results of this survey focus on school culture, community, sense of belonging, and inclusion from the perspective of staff. Data gathered from the survey will guide the District's future vision and goals.

This survey is designed for families of AKFCS students and will provide the District with data on culture, community, sense of belonging, and inclusion to guide the District's future vision and goals.

The survey will close on **Monday, December 19, 2022 at 5:00 PM.**

A link to the survey can be found below.

[Family Survey Link](#)

Thank you for your consideration and participation to further the mission of Abby Kelley Foster Charter School.

Diversity, Equity, and Inclusion Advisory Committee-Reminder

The **DEI Committee** is seeking new members including family, administration, faculty and staff representation from all three schools. Since the committee began meeting in January 2020, the DEI Committee has:

- Developed a policy statement on Diversity, Equity, and Inclusive Excellence
- Provided opportunities for ongoing professional development for the AKFCPS community (staff, students, parents/caregivers/guardians, and community members)
- Serves as a resource/advocate for the AKFCPS community on DEI issues and challenges
- Ongoing work to develop and implement a climate survey

The DEI committee currently has representatives from the following stakeholders within the AKFCPS community;

- Board members
- Administrators
- Faculty/staff
- Parents/caregivers/guardians (representing each school)
- College/University community members
- Current high school students
- Subject matter expert

Joining the committee means members agree to the following;

- 1-year commitment
- Monthly 90-minute meetings
- Attend ongoing learning sessions about DEI
- Serve on sub-committees and complete follow up work (most of the work will be done in sub-committees)
 - examples of sub committee work entails; recruitment, hiring & retention, climate survey/school culture, and curriculum/culturally responsive teaching
- Advocate for DEI across the district

If you are interested in becoming a part of the Diversity, Equity, and Inclusion Advisory committee, please complete this [Google Form](#) by Friday, December 16, 2022.

If you have any questions or need clarification, please contact either of the DEI Advisory Committee Co-Chairs: [Robert Jones](#) or [Grace Gallagher](#). For additional DEI information visit the [DEI web page](#).

Reminders

- Send students to school with warm, winter clothes
- Please return library books
- Cheese Pizza only will be served on Wednesdays

Abby Kelley Foster Charter Public School K-3rd Grade Breakfast Menu December 2022				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Bagel (Variety) Fresh Banana Apple Juice Choice of Milk Cream Cheese	2 Cereal (Variety) Graham Crackers Fresh Apple Choice of Milk Blended Fruit Juice
5 Strawberry Break Bar WG Apple Cinnamon Muffin Fresh Pear Apple Juice Choice of Milk	6 Bagel (Variety) Fresh Orange Grape Juice Choice of Milk Cream Cheese	7 Cereal (Variety) Graham Crackers Fresh Apple Choice of Milk	8 Bagel (Variety) Fresh Banana Blended Fruit Juice Choice of Milk Cream Cheese	9 Vanilla Yogurt Granola Mandarin Oranges Grape Juice Choice of Milk
12 Cereal (Variety) Graham Crackers Fresh Orange Grape Juice Choice of Milk	13 Bagel (Variety) Mixed Fruit Blended Fruit Juice Choice of Milk Cream Cheese	14 Strawberry Yogurt Granola Diced Peaches Orange Juice Choice of Milk	15 Bagel (Variety) Fresh Banana Grape Juice Choice of Milk Cream Cheese	16 Apple Cinnamon Break Bar Corn Muffin Fresh Orange Apple Juice Choice of Milk
19 Vanilla Yogurt Granola Diced Peaches Apple Juice Choice of Milk	20 Bagel (Variety) Applesauce Orange Juice Choice of Milk Cream Cheese	21 Cereal (Variety) Graham Crackers Grape Juice Fresh Orange Choice of Milk	22 Bagel (Variety) Fresh Banana Blended Fruit Juice Choice of Milk Cream Cheese	23 Closed Winter Break
26 	27 Closed Winter Break	28 Closed Winter Break	29 Closed Winter Break	30 Closed Winter Break

In accordance with Federal law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), age, disability, and retaliation for prior civil rights activity.

Abby Kelley Foster Charter Public School K-3rd Grade Hot Lunch Menu December 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			Diced Chicken Sweet & Sour Sauce Lima Beans Diced Carrots Brown Corned Rice Fresh Orange Choice of Milk	Mini WG Corn Does Mixed Vegetables Diced Carrots Fresh Banana Choice of Milk Mustard
Galaxy Cheese Pizza Green Beans Diced Carrots Fresh Orange Choice of Milk	Turkey Hot Dog WG Hot Dog Bun Broccoli Cuts Mixed Vegetables Diced Peaches Choice of Milk Ketchup Mustard	Domino's Cheese Pizza Slice Zucchini Slices Baby Carrots Light Ranch Dressing Mixed Fruit Choice of Milk	Honey Lime Chicken Black Beans Whole Kernel Corn Brown Rice WG Tortilla Chips Fresh Banana Choice of Milk Salsa	WG Chicken Nuggets Sweet Potatoes Baked Beans WG Dinner Roll Fresh Apple Choice of Milk BBQ Sauce Ketchup
Cheese Pizza Dippers Marinara Sauce Green Beans Diced Peaches Choice of Milk	Sloppy Joe WG Hamburger Bun French Fries Whole Kernel Corn Applesauce Choice of Milk Ketchup	Domino's Cheese Pizza Slice Cherry Tomatoes Broccoli Salad Light Ranch Dressing Fresh Apple Choice of Milk	WG Breaded Chicken Patty WG Hamburger Bun Mixed Vegetables Diced Carrots Fresh Orange Choice of Milk BBQ Sauce	Diced Chicken Cuban Sauce Yellow Rice Black Beans Plantains Fresh Banana Choice of Milk
WG Mac & Cheese Green Peas Diced Carrots Fresh Orange Choice of Milk	Popcorn Chicken General Tso's Sauce Brown Rice Broccoli Cuts Mixed Vegetables Mixed Fruit Choice of Milk	Domino's Cheese Pizza Slice Marinated 3 Bean Salad Celery Sticks Light Ranch Dressing Fresh Apple Choice of Milk	WG Chicken Nuggets Marinara Sauce w/Parmesan Green Beans WG Breadstick Diced Peaches Choice of Milk	Closed Winter Break
Closed Winter Break	Closed Winter Break	Closed Winter Break		Closed Winter Break

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Resources for Elementary School Families

[Elementary School Drop Off Map](#)

[Elementary Breakfast and Lunch Menus](#)

[Elementary School Bus Routes](#)

[Elementary School Staff](#)

[Uniform Requirements](#)

[District Calendar](#)



Abby Kelley Foster Charter Public School

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Follow Abby Kelley on Instagram @AKFCPS

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Winter Gear

We will continue to go outside for recess as much as possible, even as the weather gets colder. The students love to get outside and run, swing, and move their bodies! Please send

them to school with a warm jacket, hat, and gloves each day. If students are wearing appropriate snow gear, including snow pants and boots, they will be allowed to play in the snow. All other students will still be going outside, but will play on the blacktop area or basketball court. You may choose to leave a pair of snow pants and boots at school for your student to wear at recess.

If you would like assistance with getting cold weather clothing, please contact our guidance department at kstockwell@akfcs.org or swoods@akfcs.org.