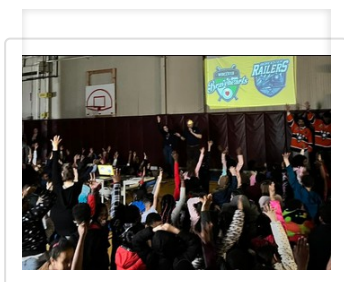


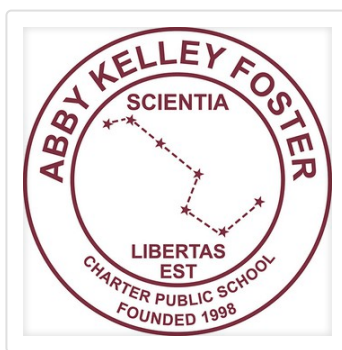
Elementary School Principal Update

March 26, 2023

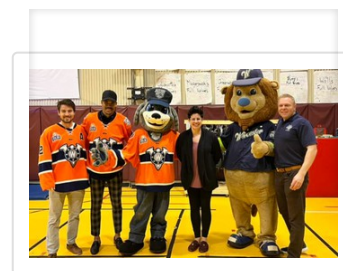


Hello Visitors!

Visitors came to share a reading incentive program with second and third grade students. Thanks Bravehearts and Rainers!



Abby Kelley Foster Charter Elementary



Our New Friends!

Thank you to the players, Trax, and the Lion for offering a free ticket to any 2nd or 3rd grader that reads ten books per month. Ask your student about the program!

Reminder

This Wednesday, March 29th, is a full day of school! This is a change from the original printed calendar that was sent home at the beginning of the year.

Elementary Music Concert

Students have been working hard and are looking forward to sharing their performance with you! Refreshments will be sold by the PTO during intermission.



Coming Up

- Friday, April 7th: No School-Holiday
- Week of April 10th: Grade 3 ELA MCAS
- Week of April 17th: No School
- Monday April 24th: Students Return to School

Behavioral Health Helpline

The Behavioral Health Help Line (BHHL) connects individuals and families to the full range of treatment services for mental health and substance use offered in Massachusetts, including outpatient, urgent, and immediate crisis care. Call for real-time support, initial clinical assessment, and connection to the right evaluation and treatment.

The BHHL is available 24 hours a day, 365 days a year by phone call and text at 833-773-2445 (BHHL), and online [chat](#) at masshelpline.com.

Some Facts:

- The BHHL is available in more than 200 languages.
- The BHHL is free and available to all Massachusetts residents, even if you do not have insurance.
- You can call to get help for yourself or for someone you care about, including children and other family members.

[More Information](#)

Reminders

- Please limit unnecessary travel during time when school is in session. Absences can impact students' learning negatively.
- Do not send cupcakes, cakes, or food items in for students' birthdays. Due to allergies and our wellness policy, they will be returned.
- Please park in a designated spot when dropping students off at Morning Program.

Abby Kelley Foster Charter Public Elementary School K-3rd Grade Breakfast Menu March 2023				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Cereal (Variety) Apple Cinnamon Break Bar Fresh Apple Grape Juice Choice of Milk	2 WG Honey Bun Fresh Banana Orange Juice Choice of Milk	3 WG Honey Bun Fresh Orange Apple Juice Choice of Milk
6 WG Honey Bun Fresh Banana Orange Juice Choice of Milk	7 WG Honey Bun Fresh Orange Grape Juice Choice of Milk	8 Cereal (Variety) Graham Crackers Fresh Apple Orange Juice Choice of Milk	9 Granola Strawberry Yogurt Diced Peaches Blended Fruit Juice Choice of Milk	10 Strawberry Break Bar WG Apple Cinnamon Muffin Diced Pears Apple Juice Choice of Milk
13 Apple Cinnamon Break Bar WG Blueberry Muffin Fresh Banana Grape Juice Choice of Milk	14 WG Honey Bun Mixed Fruit Blended Fruit Juice Choice of Milk	15 Strawberry Yogurt Granola Diced Peaches Orange Juice Choice of Milk	16 Cereal (Variety) WG Banana Muffin Diced Pears Apple Juice Choice of Milk	17 Cereal (Variety) Graham Crackers Fresh Apple Grape Juice Choice of Milk
20 WG Honey Bun Applesauce Grape Juice Choice of Milk	21 WG Honey Bun Fresh Orange Apple Juice Choice of Milk	22 Cereal (Variety) WG Banana Muffin Fresh Apple Grape Juice Choice of Milk	23 Strawberry Break Bar Fresh Banana Blended Fruit Juice Choice of Milk	24 Cereal (Variety) Graham Crackers Diced Peaches Orange Juice Choice of Milk
27 Vanilla Yogurt Granola Fresh Banana Apple Juice Choice of Milk	28 Strawberry Break Bar WG Blueberry Muffin Diced Peaches Grape Juice Choice of Milk	29 WG Honey Bun Fresh Orange Blended Fruit Juice Choice of Milk	30 Cereal (Variety) Graham Crackers Fresh Apple Orange Juice Choice of Milk	31 WG Honey Bun Diced Pears Orange Juice Choice of Milk

In accordance with Federal law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), age, disability, and reprisal or retaliation for prior civil rights activity.

Abby Kelley Foster Charter Public Elementary School
K-3rd Grade Hot Lunch Menu
March 2023



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Dominos' Cheese Pizza Slice Cucumber Slices Mixed Fruit Cup Light Ranch Dressing Choice of Milk	Diced Chicken Sweet & Sour Sauce Brown Conchita Rice Diced Carrots Fresh Orange Choice of Milk	WG Cheese Pizza Dippers Marinara Sauce Lima Beans Diced Peas Choice of Milk
Diced Chicken Alfredo Sauce WG Penne Pasta Broccoli Cuts Fresh Orange Choice of Milk	Beef Meatballs Marinara Sauce Tater Tots WG Hot Dog Bun Diced Peaches Choice of Milk Ketchup	Dominos' Cheese Pizza Slice Celery Sticks 100% Fruit Juice Light Ranch Dressing Choice of Milk	Beef Macaroni & Cheese Diced Carrots Baked Beans Fresh Banana Choice of Milk	WG Galaxy Cheese Pizza Diced Carrots Green Beans Fresh Apple Choice of Milk
Diced Chicken Jerk Sauce Brown Rice Black Beans Mixed Fruit Choice of Milk	Sloppy Joe Crinkle Cut Fries WG Hamburger Bun Fresh Orange Choice of Milk Ketchup	<i>Early Dismissal for Parent/Teacher Conferences</i> *No Lunch Served*	<i>Early Dismissal for Parent/Teacher Conferences</i> *No Lunch Served*	WG Cheese Pizza Dippers Marinara Sauce Green Beans Diced Peaches Choice of Milk
Salsbury Beef Brown Gravy Whipped Potatoes Diced Carrots WG Dinner Roll Fresh Banana Choice of Milk	WG Popcorn Chicken Mixed Vegetable Blend Broccoli Cuts Brown Rice Diced Peas Choice of Milk BBQ Sauce	Dominos' Cheese Pizza Slice Marinated 3 Bean Salad Baby Carrots Applesauce Cup Light Ranch Dressing Choice of Milk	WG Chicken Nuggets Marinara Sauce w/Parmesan Green Beans WG Breadstick Diced Peaches Choice of Milk	WG Galaxy Cheese Pizza Green Peas Diced Carrots Fresh Apple Choice of Milk
Turkey Hot Dog Diced Carrots Whole Kernel Corn WG Hot Dog Bun Diced Peas Choice of Milk Ketchup	Beef Patty Sliced Cheese Sweet Potato Tots Baked Beans WG Hamburger Bun Fresh Orange Choice of Milk Ketchup	<i>Early Dismissal for Professional Development</i> *No Lunch Served*	Beef Meatballs Korean BBQ Sauce Broccoli Cuts Brown Rice Wango Mango Juice Fresh Banana Choice of Milk	WG Cheese Pizza Dippers Marinara Sauce Mixed Vegetable Blend Diced Peaches Choice of Milk

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Frances Perkins Branch

March 2023

Frances Perkins Branch Library
 470 West Boylston Street - Worcester, MA
 508-799-1687 • mywp4.org
 facebook.com/worcesterpubliclibrary

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Notes
			1	2 3:30 p.m. Graham Cracker Scenes	3	4	All programs are free!
5	6	7 10 a.m. Family Storytime	8	9	10 4 p.m. A Visit with Lego Master Builder Dan Steininger	11	
12	13	14 10 a.m. Family Storytime	15	16	17 3:30 p.m. St. Patrick's Day Salt Painting	18	
19 	20	21 10 a.m. Family Storytime	22 4 p.m. Crafty Kids: Stencil Art	23	24	25	
26	27	28 10 a.m. Family Storytime	29	30 4 p.m. Egg Hunt	31		

Don't forget the Main Library is open on Sundays from 12 to 4 p.m.



Frances Perkins
Branch

March 2023

Frances Perkins Branch Library
470 West Boylston Street • Worcester, MA
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facebook.com/worcesterpubliclibrary

Graham Cracker Scenes - Thursday, March 2 from 3:30 - 4:30 p.m. - We are making edible art on graham cracker canvases. Use different candies and snacks to make pictures almost too good to eat. All ages welcome.

Family Storytime* - Tuesdays, March 7, 14, 21 & 28 from 10 - 10:45 a.m. - Now on Tuesdays! We will explore math, literacy, and social skills through rhymes, stories, and books. Suggested for children birth to 5 years old, older siblings are welcome!

A Visit with Lego Master Builder Dan Steininger* - Friday, March 10 from 4 - 5 p.m. - Do you love Legos? Dan has been a Lego Master Builder for 23 years! He will share his lego knowledge in an interactive presentation. Learn about the life of a master builder then get a chance to do some building of your own! Suggested for ages 5-11.

St. Patrick's Day Salt Painting - Friday, March 17 from 3:30 - 4:30 p.m. - Salt is for food, but it is also great for art. Come make colorful art featuring St. Patrick's Day symbols, or make something unique from your imagination. Suggested for ages 5-11.

Crafty Kids: Stencil Art - Wednesday, March 22 from 4 - 5 p.m. - Stencils are a great way to create a picture. Decorate a canvas bag with stencils, paint, and your creativity to carry all of your library books. You may also bring in a t-shirt or other cloth item to decorate. Suggested for ages 5-11.

Egg Hunt - Thursday, March 30 from 4 - 5 p.m. - Hop on over for a spring egg hunt! Please arrive early, as space and supplies are limited. Hunts begin promptly at the listed times. Those who can locate the elusive golden eggs will be rewarded with egg-cellent prizes! Ages 12 and under. Participants must check-in and receive the "rules" and an egg hunt bag.

*Sponsored by the Friends of the Worcester Public Library.



WORCESTER
PUBLIC LIBRARY
FRANCES PERKINS BRANCH

Resources for Elementary School Families

[Elementary School Drop Off Map](#)

[Elementary Breakfast and Lunch Menus](#)

[Elementary School Bus Routes](#)

[Elementary School Staff](#)

[Uniform Requirements](#)

[District Calendar](#)



Abby Kelley Foster Charter Public School

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